

Community Building Circles

1. Opening (How will you open this circle? A poem, quote, song, breathing, story, etc.)

The circle this morning is about memories. Watch the beginning of the music video from Ed Sheeran's "Photograph."

2. Guidelines and Values (What questions will you ask to create shared guidelines & values?)

Review the shared guidelines and values.

3. Talking Piece (What objects are you using and why?)

Bring a talking piece that represents a memory (preferably from childhood).

4. Check In (How will you invite participants to describe how they are feeling?)

What did you do on the weekend?

5. Discussion Round (What needs to be addressed in circle? What questions will you ask?)

What is your favorite childhood memory?

6. Check Out (How will you ask participants how they are feeling at the end of circle?)

One Word Story. Each person in the circle will say a word and try to construct a story that makes sense. (For example, the first person says "one" and the next person might say "day.")

7. Closing (How will you close the circle?)

Give a high five to the person on each side of you.