

## Community Building Circles

### 1. Opening (How will you open this circle? A poem, quote, song, breathing, story, etc.)

Listen to about 1 ½ minutes of “And Winter Came” by Enya. Have students think of their favorite Winter Break activity while listening.

### 2. Guidelines and Values (What questions will you ask to create shared guidelines & values?)

Review the shared guidelines and values.

### 3. Talking Piece (What objects are you using and why?)

Bring an item that is meaningful to you.

### 4. Check In (How will you invite participants to describe how they are feeling?)

On a scale of 1-10 how do you feel about Winter Break?

### 5. Discussion Round (What needs to be addressed in circle? What questions will you ask?)

Why did you choose this number? I chose the number \_\_\_\_ because \_\_\_\_\_

### 6. Check Out (How will you ask participants how they are feeling at the end of circle?)

What is one thing you look forward to doing or one person you look forward to seeing during Winter Break?

### 7. Closing (How will you close the circle?)

Finish listening to the song, “And Winter Came”.