

## Community Building Circles

### 1. Opening (How will you open this circle? A poem, quote, song, breathing, story, etc.)

Begin with a quote. "There's nothing better than a friend, except a friend with chocolate."

### 2. Guidelines and Values (What questions will you ask to create shared guidelines & values?)

Review the shared guidelines and values.

### 3. Talking Piece (What objects are you using and why?)

Bring an item that is meaningful to you.

### 4. Check In (How will you invite participants to describe how they are feeling?)

What is your favorite snack?

### 5. Discussion Round (What needs to be addressed in circle? What questions will you ask?)

What is an activity you like doing with friends? What might you do with friends during Spring Break?

### 6. Check Out (How will you ask participants how they are feeling at the end of circle?)

What's one thing you value in a friend? For example, honesty, humor, etc.

### 7. Closing (How will you close the circle?)

Give a fist bump or high five to the people on either side of you.